



the rooted pantry project tracker

one store-bought staple at a time, we're learning what's worth making homemade and what can stay on the shelf.

bread & dough

the foundation of a homemade kitchen.

root	want to try	made it	make again?	notes
sandwich bread	☐	☐	☐	_____
pizza dough	☐	☐	☐	_____
hamburger buns	☐	☐	☐	_____
hot dog buns	☐	☐	☐	_____
tortillas	☐	☐	☐	_____
biscuits	☐	☐	☐	_____
breadsticks	☐	☐	☐	_____
soft pretzels	☐	☐	☐	_____
bagels	☐	☐	☐	_____

breakfast

simple homemade mornings worth waking up for

root	want to try	made it	make again?	notes
pancakes	☐	☐	☐	_____
muffins	☐	☐	☐	_____
sausage balls	☐	☐	☐	_____
overnight oats	☐	☐	☐	_____
granola	☐	☐	☐	_____
cinnamon rolls	☐	☐	☐	_____

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dinner staples

the everyday basics behind easy family dinners

root	want to try	made it	make again?	notes
pizza sauce	☐	☐	☐	_____
alfredo sauce	☐	☐	☐	_____
chicken broth	☐	☐	☐	_____
frozen pizza	☐	☐	☐	_____
chicken nuggets	☐	☐	☐	_____
boneless wings	☐	☐	☐	_____

pantry staples

small swaps that make a big difference in your pantry.

root	want to try	made it	make again?	notes
mayonnaise	☐	☐	☐	_____
powdered sugar	☐	☐	☐	_____
peanut butter	☐	☐	☐	_____
vanilla extract	☐	☐	☐	_____
brown sugar	☐	☐	☐	_____
taco seasoning	☐	☐	☐	_____
ranch seasoning	☐	☐	☐	_____
ketchup	☐	☐	☐	_____
cinnamon dolce syrup	☐	☐	☐	_____
chocolate syrup	☐	☐	☐	_____
baking powder	☐	☐	☐	_____
evaporated milk	☐	☐	☐	_____

the make again test

before a swap earns a spot in the pantry, ask:

- | | |
|---|--|
| ☐ did it taste better than store-bought? | ☐ was the time worth it? |
| ☐ did my family actually eat it? | ☐ can i store it easily? |
| ☐ was the cost worth it? | ☐ would i make it on a normal week? |

if it checks enough boxes, it earns a spot in the pantry.

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snacks & sweets

homemade favorites for lunchboxes, snack time, and sweet treats

root	want to try	made it	make again?	notes
cheez-it crackers	☐	☐	☐	_____
club crackers	☐	☐	☐	_____
graham crackers	☐	☐	☐	_____
oreo-style cookies	☐	☐	☐	_____
marshmallow fluff	☐	☐	☐	_____
white cheese dip	☐	☐	☐	_____
cosmic brownies	☐	☐	☐	_____
goldfish-style crackers	☐	☐	☐	_____

pantry & freezer

preserve the season and stock your freezer for busy days.

root	want to try	made it	make again?	notes
cookie dough	☐	☐	☐	_____
fruit leather	☐	☐	☐	_____
dehydrated fruit	☐	☐	☐	_____
applesauce	☐	☐	☐	_____
homemade ice cream	☐	☐	☐	_____

quick kitchen conversions

1 tablespoon = 3 teaspoons

1 cup = 16 tablespoons

1 cup = 240 ml

1 tablespoon = 15 ml

1 teaspoon = 5 ml

1 stick butter = 1/2 cup = 113 g

1 packet yeast = 2 1/4 teaspoons = about 7 g

1 cup all-purpose flour = about 120 g

1 cup granulated sugar = about 200 g

1 cup packed brown sugar = about 213 g

community roots *you choose what we replace next.*

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check the pantry list before suggesting a new root — your idea might already be planted.

root	want to try	made it	make again?	notes
_____	☐	☐	☐	_____
_____	☐	☐	☐	_____
_____	☐	☐	☐	_____
_____	☐	☐	☐	_____
_____	☐	☐	☐	_____

bonus roots *family favorites that still deserve a seat.*

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root	want to try	made it	make again?	notes
beer cheese	☐	☐	☐	_____
grandpa shannon cookies	☐	☐	☐	_____